



Safety Considerations & Guidelines for Responsible Sport Martial Arts Competition

Carolina Martial Arts Open
August 21-22, 2020
Columbia, South Carolina

At the Carolina Martial Arts Open we recognize the unique challenge and ethical responsibility we hold in order to host a martial arts competition during this moment in time that the world finds itself in. With the assistance of law enforcement, community leaders, and medical professionals we are focused to proceed with safety, diligence, and a vision to touch the human soul by allowing participants to experience a life they love.

Masks:

✓ **Face Masks are mandatory:**

- All persons entering the Carolina Martial Arts Open regardless of age or capacity will be required to wear a face mask over the nose and mouth. Judges, Competitors, and Spectators - please remember to bring yours.
 - Although it is recommended to leave the face covering on - Weapons, Forms, Sparring competitors may remove the face covering during their individual performances only. Hooks attached to each Scorekeeper table will provide a quick and convenient place to hang them. Scorekeepers will not call the next competitor up until the current competitor has put theirs back on.
- Practice is key. As my girls will be returning to school soon and are mandated to wear masks, we are committed as a family to practicing proper usage and becoming comfortable wearing it for longer periods of time.

Phases:

- ✓ To increase social distancing, the 2020 Carolina Martial Arts Open will operate within three strict phases. Please refer to the Schedule of Events and Ring Assignments for detailed clarification.
- **Phase 1: Friday @ 5:00pm:**
 - **All Self Defense, Musical Weapons & Forms & LEGENDS at 7:00pm**
 - **Phase 2: Saturday @ 9:30am:**
 - **Underbelt (17-): Traditional Weapons & Forms, Contemporary Weapons & Forms, Sparring, and Grands**
 - **Phase 3: Saturday @ 1:00pm:**
 - **Underbelt (18+): Traditional Weapons & Forms, Contemporary Weapons & Forms, Sparring, and Grands**
 - **Blackbelts (17-): Traditional Weapons & Forms, Contemporary Weapons & Forms, Sparring, Breaking, and Grands**
 - **Blackbelts (18+): Traditional Weapons & Forms, Contemporary Weapons & Forms, Sparring, Breaking, and Grands**
- ✓ **Our greeters and security staff will be screening persons entering and only allowing those applicable for each phase.**



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Social distancing:

✓ Registration:

- We will have staff at the door screening to include temperature checks as well as visual or auditory signs of illness.
 - Entrance will be denied for persons exhibiting the following conditions:
 - Fever, Cough, Shortness of Breath, Headache, Muscle Ache, and Loss of Taste or Smell
 - Staff reserves the right to remove a person from the event should they present symptoms at any time after entering the Carolina Martial Arts Open.
- We have met with officials from the DoubleTree by Hilton Hotel & Convention Center and we are committed to a best practice of facilitating how people enter the building by utilizing Greeters, as well as both 6ft distance signage on the floor and better usage of pre-function areas.
- We have had great response this year to our Pre-Registration. Please keep in mind that Pre-Registration may be cutoff early to better assist in our planning.

✓ Competition Floor:

- We have lowered the number of Rings which will work perfectly based upon our Phases and Ring to allow more distance in between each ring.
- There will be properly distanced Signage posted on the floor around the floor where competitors will sit as they await their current or on deck division.
- After each division or specifically after their final fight, competitors will be kindly escorted off the competition floor to allow for subsequent Phases to begin.



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The following are precautionary guidelines put in place for the safety and well-being of staff, participants, and spectators:

- ✓ **No competitor or spectator exhibiting the following symptoms may enter the Carolina Martial Arts Open:**
 - Fever, Chills, Cough, Sore Throat, Shortness of Breath, Headache, Muscle Pain
 - Staff reserves the right to remove a person from the event should they present symptoms at any time after entering the Carolina Martial Arts Open.

- ✓ **Maintain social distancing to the greatest extent possible while at the Carolina Martial Arts Open.**

- ✓ **Wash hands frequently and thoroughly.**
 - Wash for 20 seconds with soap and water or use a sanitizer that contains at least 60% alcohol.
 - Commercial grade sanitizing stations to include hand sanitizer and wipes will be available at each Ring and throughout the tournament.

- ✓ **Routine cleaning of restrooms and common areas by janitorial professionals throughout the day.**

- ✓ **Avoid touching of eyes, nose, and mouth with unwashed hands.**

- ✓ **We are asking that participants no longer shake hands, high five, or hug at the Carolina Martial Arts Open. Smiles, waves, verbal greetings, and a traditional martial arts 'bow' will always be welcome within the Carolina Martial Arts Open. 😊**

- ✓ **Sparring divisions will incur a quick sanitizing wipe of the surface of each glove and boot by the Center Referee.**
 - In the interest of having less people on the floor TCT Promoters, as well as Arbitrator - Jerome 'Magic' Johnson have dictated there to be NO coaching allowed.

- ✓ **Children not competing must always be closely supervised by their parents.**

Each guideline listed above will have a strict enforcement plan to ensure everyone's well-being to the best of our ability. This baseline of precautions that the Carolina Martial Arts Open will take are subject to change as we continue to closely monitor CDC recommendations leading up to August 21-22, 2020.



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C: CHARACTER DEVELOPMENT

- Win or Learn – always take something away.

M: MEMORABLE

- You will never forget your experience at the Carolina Martial Arts Open. Dare to believe... <3

A: ACHIEVE

- By competing you have taken your first step in achieving your dreams.

O: ORGANIZED

- We are working overtime to ensure Super Organization and an event worthy of your attendance!